

# Making Medicine with CA Pine-nuts

Native American Month

*Week 1- CA Pine-nuts*

**FREE ZOOM Workshop**

Date: Monday, November 2, 2026

Time: 6:45 pm to 8:00 pm

**What to expect in this workshop.** Learn about the harvest timeframe, traditional protocols, shaving, cleansing, and inspection of CA Pine-nuts.

RSVP is required, as space is limited.



T.M.LeBeau  
2026

*Sponsored solely by: Teresa M. LeBeau,  
Pitt River/Hupa.*